

chatterbox

Rutland's Premier Village Magazine

Christmas 2020

ISSUE 71

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The Railway Inn, 15-17 Church Road, Kettlewell, PE9 3RD. Cheers!***

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'Christmas Baubles'

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EDITORIAL

Despite the undesirable attentions of the pandemic and the restrictions of the government we are all still standing, and I am of the opinion, that we will prevail. This current lock-down gradually appeared inevitable as the daily figures for infections and deaths rose sharply and the hospitals wards began to fill with Covid patients.

Months of further regulation lie ahead and as we look forward to Christmas hoping for some relief, who knows what shape or form that will take? However before it arrives there were two other dates in the calendar worth mentioning, Halloween and Bonfire night, children in particular will have eagerly looked forward to these and parents no doubt will also have found a little light hearted relief from the constant reminders of the dangers of Covid-19. The bonfires of the past and the crowds they attracted would not have met the current distancing rules, but a few Roman candles and sparklers in the garden will still have provided some magic, for the youngsters. The Pumpkin Trail rendered an opportunity for children to display their skill at designer art work in the shape of pumpkin carving and the amazing results could be seen all over the village.

Ketton Together has continued to provide help and advice to those most in need and will continue to do so for however long it is needed. It never ceases to amaze me, how, in moments of crisis, people will come together to provide much needed assistance to those in need. There is within us all an enormous capacity to care and share when the occasion arises, whilst we celebrate this, let us hope the current situation eases sufficiently for families to visit each other over the festive season.

The Christmas party normally organised by the Parish Council and run by volunteers and much appreciated by the pensioners will, for obvious reasons, not be taking place this year, instead the PC will be marking the occasion by providing something similar to the "treat boxes" given out earlier in the year.

As a general rule neither politics nor religion are catered for within these pages, clearly an exception to this has to be the confrontational challenge of the presidential election in the USA. As the end result was not what tens of millions of voters wanted, there could be civil unrest and television has shown some of the less desirable traits of the campaign. The vitriol and violence demonstrated in the US only serves to make me proud to be British and admire the tolerance shown by our electorate towards our political system.

Remembrance Sunday was organised in different ways around the country, I along with others in Kelthorpe Close stood for the 2 minutes silence outside our houses. Sadly the road repairers did not see fit to honour the fallen and continued working through 11am, driving and walking past those showing respect for the occasion.

The proposed closure of St. Mary's surgery by Lakeside Healthcare has caused some concern to villagers who currently use it. There have been a number of objections placed before the CCG and we await their decision.

Chatterbox has always expressed a willingness to print readers letters, but it seems the readership has in the past had little to say. This is a reminder that you can use the pages of this magazine to air your views and opinions on topics pertaining to the village, I personally guarantee that all your letters will be published, providing their content is not offensive.

Finally, you will not have failed to have noticed that again Chatterbox contains 32 pages instead of the usual 40, copy and contributions for the magazine are still in short supply as is an assistant editor.

Finally, I hope when it arrives we can all celebrate Christmas in whatever way we choose, so from all of us at Chatterbox, a happy Christmas and a safer New Year.

John Collier

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KETTON PARISH COUNCIL: CHAIRMAN'S REPORT AUTUMN 2020

I am writing this report on Remembrance Day, 8 November 2020. The service this morning was very different from last year when the church was full. Nothing could go on inside the church this year, so there was a shortened service outside taken by Rev Olwen Woolcock. Much reduced the service may have been, but it was poignant and most moving. The small village of Ketton lost 36 men in the First World War and 10 men in the second.

We wish to congratulate two Ketton residents who featured in the Queen's Birthday Honours List – an OBE to gastroenterologist Professor Arasaradnam for services to the NHS, and a MBE to Helen Pollard for services to Physics education.

The village came through the lockdown earlier this year. We all appreciated a deep commitment from many volunteers determined to help those in need. The teams of Ketton Together and Ketton Good Neighbours Scheme worked effectively to collect and deliver food, other essentials and prescriptions to residents. These teams are ready to swing into action again in the new lockdown. Those of us involved feel humbled and uplifted by the enormous support the teams provided. We thank the Northwick Arms and KSCC that offered immediate help to organisations seeking a safe venue for their events. One of the high spots during the lock-down was the generous donation, from a local company, of boxes of treats for people who would benefit from them. Having seen the great pleasure that these boxes of treats gave, the White Bread Trust has agreed to fund a similar Christmas initiative by the parish council.

A major concern of the parish council continues to be safety on our roads. Inconsiderate parking particularly at start and end of school and speeding blight the village. Few drivers appear to know the Highway Code; for example, parking within ten metres of a road junction is an offence. Try pointing that out to someone parking right on the corner of the High Street and Church Road and see what you get in return. With the support of Rutland County Council and our two county councillors there will shortly be installed parking restrictions in appropriate locations that will be monitored.

Speeding on the main entrance and exit roads of the village is common. The parish council is receiving more complaints and wish to have volunteers to conduct speed-watch activities. However, what seemed to be a simple request for the relevant equipment appears much more complex. We have been asking for over two months, now. A possible intervention to reduce speeding might have to be a chicane along the A6121, perhaps similar to those in South Luffenham. The village now has a sign placed at the Geeston end of the village warning about flooding on the road to the Collyweston Bridge. Our flood warden, Ronnie Burt, will update it when needed.

You will see elsewhere in this edition of ChatterBox, that the Ketton Library building is the subject of an attempt to purchase it for the use of the village. Negotiations between Rutland County Council and the parish council are continuing; whenever further information is available it will be announced widely in the village.

A team of parish councilors and volunteers provides information for the Facebook page Ketton News. This page is regularly updated and is worth viewing. The plan to organise a Bereavement Help Point in the village has been initiated but the second lock-down has slowed the next stage. It will be run by volunteers to provide positive, practical support following a bereavement. It will concentrate on the practical steps needed to be taken after a death.

Members of the Ketton Green Spaces Group are planning to plant more trees along the edge of the football field at KSCC this winter. The group undertakes many practical activities to enhance our beautiful surroundings and we thank them for their efforts. Monty Andrew and Adam Cade, the village tree wardens, have recently completed a survey of trees in the village. The detailed map they have produced is most informative and useful.

On behalf of the Parish Council, my colleagues and I wish you all a peaceful and happy Christmas and New Year. We hope that you all remain safe and well in these strange circumstances.

Sinclair Rogers

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The Village plan 2020

How our Neighbourhood Plan will help with planning options

Your Neighbourhood Plan Steering Group is currently working on a draft Plan for discussion with Rutland County Council early next year.

Given the necessarily long timescale for the Plan process, you would be forgiven for asking: "So, remind me: why is a Neighbourhood Plan going to be important for where I live?"

One way of answering this question is to refer to recent news in Ketton of a proposed development at Timbergate/Bartles Hollow.

The Neighbourhood Plan needs to reflect what residents want to see in their community in the future. It's your views that inform how we write the Plan policies. In respect of housing development, the consultations that we have carried out with residents over the past two years, and especially this year's Survey, showed very clearly that the majority responding felt that the existing development allocation within the Revised Local Plan was sufficient, and that Ketton should not be faced with yet further large developments, particularly where those were proposed to be outside the existing Planned Limits of Development. The Steering Group therefore wrote to Rutland County Council to object to the proposals.

Of course, we have to see what happens now, but we wanted to point to this situation as an example of how a Neighbourhood Plan can help a community faced with development options. When the Neighbourhood Plan is formally "made", its policies will have equal weight with those in Rutland County Council's Local Plan, and will work alongside it to regulate future development, with policies covering the type of housing to be provided, the infrastructure that supports it, and how we protect our much-loved landscape and countryside at the same time.

The better we can make the Neighbourhood Plan reflect the wishes of everybody who lives in the two parishes, the stronger local planning regulation will be, helping to ensure that where development takes place, it is of the scale and type that the community actually wants.

So keep an eye on your local Neighbourhood Plan news, and send us any questions about the Plan process to kett2tin@gmail.com. And when we present a first draft of the Plan for residents to comment on, probably in the spring of next year, please do make sure that you give us your views!

Best wishes from the Steering Group

Ann Tomlinson

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The Solace of Nature on our Doorstep

As this difficult year comes to a close, one of things I reflect on is how many of us have found solace in nature. Whether you were already a keen nature watcher at the start of this pandemic, a complete beginner, or somewhere in between, so many of us have found that taking time to notice nature has helped us through various states of lock-down, and provided a balm for the stresses we have felt. This has been a national, indeed international phenomenon; articles about it have appeared in National newspapers, BBC's Spring-Watch and Autumn-Watch have dedicated time to it, and books have been written about it. Here, I'm keen to look at the local perspective. Having been involved in the creation of a new group the Ketton Green Spaces Group just before lock-down in March, I would like to take this opportunity both to introduce our group, and to explore what nature has meant to our members over this year.

Who are the Ketton Green Spaces Group? We are a group of volunteers united in our desire to manage and improve local green areas to increase their biodiversity and sustainability. At the same time, we aim to support the positive use and enjoyment of our green spaces, and to increase understanding of their ecology and heritage. Although Covid has curtailed our activities to some extent, we've still managed to start some projects. We've sown locally collected wildflower seed in the newly planted orchard in Hall Close (watch that space next spring!) Although the tree planting we'd planned for November unfortunately had to be postponed, together with the Guides and the Football Club, we're ready to plant some more trees near the football pitch. We've received many tree seedlings from the Woodland Trust for future planting around our area, and hope to start a small community tree nursery. We've begun discussions with local nature organisations about working in partnership, and hope to work with The Welland Rivers Trust on the River Chater.

Amid all this has been the pandemic, and the changes in all our lives it has brought. Ketton is fortunate to have some great green spaces, even when unable to travel far, people still have fairly good access to the countryside. When I asked the group about their experience of nature this year, I'm sure their responses echoed the feelings of many of you. One responded "There was 'comfort in the familiar' in that I went on (and am still going on) the same walk most days. It is a real privilege to be privy to minute daily changes in nature." Another member, Anna, commented that, "In a year where hugging trees was more widely acceptable than hugging family and friends, green spaces have become an important escape for me. Going for regular walks in green areas provides me with head space to switch off from the daily grind, gaining much needed calorie burning exercise and lungfuls of fresh air. Do not underestimate the power of the changing seasons on the senses."

There is a growing body of research suggesting that time spent in nature is valuable to our health and well being. For me, just being outside anywhere with at least here is a growing body of research suggesting that time spent in nature is valuable to our health and well being. For me, just being outside anywhere with at least some greenery feels good. I get so much more out of being in a habitat brimming with life in which I can see, hear, smell, discover and



*Pyramidal
orchids bloomed this
year in Ketton Cemetery*



Hundreds of ashy mining bees make their home in the church yard bank

wonder at, and I don't think I'm alone in that.

Picking out the different calls of birds, or watching a myriad of insects going about their business, engages the senses and absorbs our attention. Which brings me onto another of our Ketton Green Space Group actions this year. You may have seen the signs we put by the church about the two species of mining bees that live in the bank under the yew.

When we put the first one up in April, we hoped that people walking by on their daily exercise might notice and watch the delightful little black and white Ashy Mining bees, and get just that little bit more enjoyment out of their walk

– a chance to be totally absorbed for a few moments by something that isn't to do with the human world. As a group, we are always discovering and learning about new things, which we're keen to pass on!

If we want a rich, diverse, thriving natural world around us - to absorb ourselves in, to connect with, to give solace, to soothe, to provide joy - we need to take steps to help this besieged world. Not all "green spaces" are equal in terms of providing habitat. An area which doesn't have food or shelter for animals at the base of the food chain will not support them or the animals that consume them, and so on up the food chain. Often, simple steps can help so much. For example, Ketton Green Spaces Group have implemented a management plan for the cemetery which simply delays mowing in some areas until a bit later in the year. This will allow limestone-loving plants to flower, so spring and summer visitors can enjoy a beautiful display of wildflowers, plus the wealth of bees and butterflies they attract. A simple step in your garden would be to leave hedge cutting until after bird nesting season, or if they have berries which will feed birds and other animals, then after the berries have finished – you will get far more winter bird visitors that way!

Although most of us who want to help the natural world, believe that species have an intrinsic right to survive, I think it's alright to admit, "I also want to protect this because I love seeing it, and it makes me feel good."

So, if you are interested in the Ketton Green Spaces Group, take a look at our website at, <https://kettongreen.wixsite.com/kett> . You can join in events (Covid permitting...), contact us about wildlife sightings, questions or ideas, or sign up to receive email updates. You can give as little or as much time as you'd like, and we welcome everyone who shares our aims.

I will close with words from Helen, another member of our group: "I had lived in Ketton for about 18 months before the first lock-down. Nature and the natural world have always been important to me, but I was always so busy with work I didn't have time to properly appreciate it. Working from home gave me the time and space I needed to explore the local area, walking along different footpaths and finding out how truly beautiful it is.

We are so lucky to have such amazing green spaces; the fields, the nature reserve, the river and the orchards. Now every time I feel stressed or run down I take a walk along one of the footpaths I discovered. Nature is the best medicine and I want to do all I can to help protect and develop these spaces in the village and surrounding areas for everyone to enjoy."

Jemma Cuthbert



Four spotted chaser dragonfly in a Ketton garden

Cement production is known as an energy-intensive industry and accounts for 5% of global emissions of carbon dioxide. However, cement it is literally the glue of progress and the aim is for cement plants to become 'greener' - promoting sustainable growth, preserving natural resources to the maximum possible extent and making the least possible additions to the greenhouse gases, such as carbon dioxide, that cause global warming and become Carbon neutral by 2050. It is important that Ketton understands the process in order to collaborate in partnership with its neighbour Hanson. Ed.

ARMs

In the quarry, we combine different clays and limestones to establish the chemistry that will go through the complete process. A bag of cement starts in the quarry. Using 100, 65, and 25 tonne dumpers and a 7-tonne front loading shovel we can vary the feed materials to the crusher. The production rate from the crusher is typically between 1,400 to 1500 tonnes per hour with the chemistry being analysed every minute by a cross belt analyser situated on the feed belt from the crusher to the storage silo. The analysis includes silicon, aluminium, iron (mainly from the clays), calcium (from the limestones) and the alkali metals sodium and potassium.

In the quarry we use two ARMs. The first is a filter cake from water treatment and is rich in iron and is used as an iron corrector. The second was a product from secondary aluminium smelting. Unfortunately, last month the facility closed, so we have reverted to using pulverised fuel ash from storage lagoons at historic coal fired power stations; a source rich in aluminium and low in alkali metals. This has allowed the increased use of a lower purity limestone whose levels of alkali metals limits its incorporation.

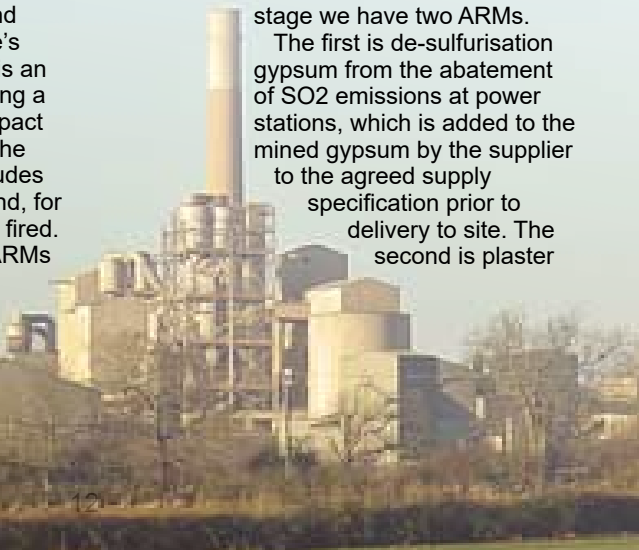
When milling the clinker from the kiln, gypsum is added to control the setting characteristics of the cements. At this stage we have two ARMs.

The first is de-sulfurisation gypsum from the abatement of SO₂ emissions at power stations, which is added to the mined gypsum by the supplier to the agreed supply specification prior to delivery to site. The second is plaster

Sustainability - Alternative Raw Materials and Fuels

The use of Alternative Raw Materials (ARM) and Alternative Fuels (AF) enables the replacement of natural raw materials with wastes, making the site more sustainable and increasing recycling.

Before a new ARM or AF is accepted for use at our Ketton cement works, a strict code of practice is followed to assess the safety, environmental and quality risks. This Code of Practice (CoP), was agreed by the Mineral Products Association (MPA) and the Environment Agency, and its requirements are included in the site's Environmental Permit. Key to the CoP is an Environmental Risk Assessment covering a number of criteria, such as potential impact on emissions from storage and use of the material. The site operating permit includes detailed compositional specifications and, for AFs, conditions required for them to be fired. At Ketton we currently use a range of ARMs and Afs.



moulds from the pottery industry in Stoke on Trent. This was approved in late 2019 and will be blended into the mined gypsum on site as a partial replacement. Unfortunately, this has not recommenced following the furlough period.

AFs

Fuels are fired in two areas of the kiln: the calciner where a temperature of 850-900°C is required to convert calcium carbonate to calcium oxide and the kiln where a flame temperature for 1800-1900°C is required to form calcium silicates.

In the calciner we currently fire Solid Recovered Fuel (SRF): a mix of paper and plastic that is non-recyclable and contains between 40-45 per cent biomass, which reduces emissions of CO₂. In the kiln we fire mostly Cemfuel, a highly specified mix of waste solvent and organic liquids, and a lesser amount of a finer grade of SRF.

The Future

We are looking at other potential AFs or ARMs to limit CO₂ emissions and make the site more sustainable. Collaborative work within the UK and Europe is looking at how we can make the production of cement more sustainable. This includes the use of hydrogen as a fuel, firing waste fuels with oxygen instead of air, and the use of plasma.

**Tim Fox,
Hanson**



HALLOWEEN

(do things really go bump in the night?)

Halloween was celebrated this year as always on October 31, but how much do we know about its history and origins. Is it just a night for wearing witches hats, lighting lanterns and trick-or-treating or is there more to it than that.

The tradition probably originated with the ancient Celtic festival of Samhain, when people would light bonfires and wear weird costumes to ward off ghosts. This is when the Celts, who lived 2,000 years ago,

mostly in the area that is now Ireland, the United Kingdom and northern France, celebrated their new year. This day marked the end of summer and the harvest and the beginning of the dark, cold winter, a time of year that was often associated with human death. Celts believed that on the night before the new year, the boundary between the worlds of the living and the dead became blurred.

On the night of October 31 when they celebrated Samhain, it was believed that the ghosts of the dead returned to earth.

In addition to causing trouble and damaging crops, Celts thought that the presence of the spirits made it easier for the Druids, or Celtic priests, to make predictions about the future. For a people entirely dependent on the volatile natural world, these prophecies were an important source of comfort during the

long, dark winter. To commemorate the event, Druids built huge sacred bonfires, where the people gathered to burn crops and animals as sacrifices to the Celtic deities. During the celebration, the Celts wore costumes, typically consisting of animal heads and skins, and attempted to tell each other's fortunes.

When the celebration was over, they re-lit their hearth fires, which they had extinguished earlier that evening, from the sacred bonfire to help protect them during the coming winter.

The tradition of dressing in costume for Halloween has both European and Celtic roots.

Hundreds of years ago, winter was an uncertain and frightening time. Food supplies often ran low and, for the many people afraid of the dark, the short days of winter were full of constant worry. On Halloween, when it was believed that ghosts came back to the earthly world, people thought that they would encounter ghosts if they left their homes. To avoid being recognized by these ghosts, people would wear masks when they left their homes after dark so that the ghosts would mistake them for fellow spirits.

By 43 A.D., the Roman Empire had conquered the majority of Celtic territory.



In the course of the 400 years that they ruled the Celtic lands, two festivals of Roman origin were combined with the traditional Celtic celebration of Samhain.

The first was Feralia, a day in late October when the Romans traditionally commemorated the passing of the dead. The second was a day to honour Pomona, the Roman goddess of fruit and trees. The symbol of Pomona is the apple, and the incorporation of this celebration into Samhain probably explains the tradition of bobbing for apples that is practiced today on Halloween. Over time, Halloween evolved into a day of activities like trick-or-treating, carving jack-o-lanterns from pumpkins, festive gatherings, donning costumes and eating treats.

Borrowing from European traditions, Americans began to dress up in costumes and go house to house asking for food or money, a practice that eventually became today's "trick-or-treat" tradition. Young women believed that on Halloween they could divine the name or appearance of their future husband by doing tricks with yarn, apple parings or mirrors.

In the late 1800's, there was a move in America to mould Halloween into a holiday more about community and neighbourly get-togethers than about ghosts, pranks and witchcraft. At the turn of the century, Halloween parties for both children and adults became the most common way to celebrate the day. Parties focused on games, foods of the season and festive costumes.

Parents were encouraged by the newspapers and community leaders to take anything "frightening"

or "grotesque" out of Halloween celebrations. Because of these efforts, Halloween lost most of its superstitious and religious overtones by the beginning of the twentieth century.

The American Halloween tradition of trick-or-treating probably dates back to the early All Souls' Day parades in England. During these festivities, poor citizens would beg for food and better off families would give them pastries

called "soul cakes" in return for their promise to pray for the family's dead relatives.

The distribution of soul cakes was encouraged by the church as a way to replace the ancient pagan practice of leaving food and wine for roaming spirits. The practice, which was referred to as "going a-souling," was eventually taken up by children who would visit the houses in their neighbourhood and be given ale, food and money.

Between 1920 and 1950, the centuries-old practice of trick-or-treating was also revived. It was a relatively inexpensive way for an entire community to share the Halloween celebration. In theory, families could also prevent tricks being played on them by providing the neighbourhood children with small treats.

Thus, a new American tradition was born, and has continued to grow, it spawned a completely new industry and today, Americans spend an estimated \$6 billion annually on Halloween, making it the country's second largest commercial holiday after Christmas.

JFC



Ketton's take on Halloween during covid-19 restrictions was a 'Pumpkin Trail'. Carved pumpkins and pumpkin pictures were placed outside houses and in windows and judged by a popular vote. Some entrants and the winner are shown here.

We even had our own pumpkin patch courtesy of Ketton Pumpkins at Holmes Farm who sold out by the 25th October.





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Ketton Bereavement Help Point

We are aware of how difficult and lonely you can feel when you are bereaved, hence why we wanted to set up a Bereavement Help Point here in Ketton.

We are delighted to be able to tell you that Ketton Bereavement Help Point was opened on 2nd November. This is the first Help Point in Rutland and we are so pleased to be leading the way here in Ketton.

The Bereavement Help Point is a drop-in service that aims to provide bereaved people with a place where they can access information and support, where they can talk to others and share their emotions. The flexibility of it being locally based here in Ketton, makes it easily accessible when people feel they need support. It does not matter when your bereavement was it could have been very recently or several years ago the Help Point is for all.

If you are bereaved and would like to come along, the Bereavement Help points run every 1st and 3rd Mondays of the month excluding bank holidays between 2-4pm at Ketton Sports and community centre. Subject to lock-down restrictions being eased we hope to have the Bereavement Help point up and running on the 7th and 21st December.

The Help Point is being supported by Ketton Parish Council, Whitebread Trust, Community Foundation and our 3 local hospices, LOROS, Sue Ryder Thorpe Hall and Dove Cottage. It is run by volunteers who have undergone training, thank you to those of you who are already or who are shortly to become volunteers.

If you would like to know more or would like to get involved please do contact Glenis or Claire glenis@petersouthern.co.uk claire@clairehenryassociates.com or Sue Ryder Thorpe Hall on **01733225900**



KETTON TOGETHER WITH KGNS

LOCK-DOWN TWO

Just as we thought life was becoming normal again, we found ourselves in another lock-down. Following our extremely successful activities with the Ketton Together group of volunteers, we have decided to carry on with our voluntary scheme. We are so lucky to have so many volunteers in the village, with this in mind, Ketton Together has merged with KGNS, known to all as the Ketton Good Neighbour Scheme.

Some of our volunteers from Lock-down One have gone back to work, but fortunately we have had a reduced number of calls for help, mainly for prescription collection from all the local surgeries, plus a few shopping requests. We would like to reassure everyone that the scheme will continue as long as there is a need. **Please note that we are not accessible on the Facebook page, Please call Rachael on 07517798397.**

We wish you all a Merry Christmas and a very Happy New Year 2021.

Shirley Hart

RIP, Sir

Thomas Edward Worsell Wellsted 1863 – 1922

On 30th June, I received a letter addressed to the church from a Mrs Atkinson of County Durham, asking if the church could help trace the date of death of her great grandfather.

Thomas, who, she believed, died in the 1930's in Guy's Hospital but was buried in Ketton. She said he was headmaster of the Ketton School.

I proceeded to do the research and came up with :

The Parish register of grave plots was incomplete and did not mention him.

The church services register did not go back that far, the records having been sent to archive in Leicester.

A quick visual search of both the church graveyard and Empingham Road cemetery did not show a gravestone for him.

However a search through an ancestry website (without subscribing) established that he actually died in 1922, with no specific date available.

An email contact with the Leicester archive office, which was closed due to Covid-19, produced, within 24 hours, an image of the burial register showing a burial in the cemetery on 30 November 1922.

I asked Monty Andrew (who knows everything about the history of Ketton !) if he knew the name. He was adamant Mr Wellsted would have been buried in the cemetery, perhaps near

the gate. I therefore assumed the grave was one of the ones covered in ivy, so I proceeded to drag ivy from the plots near the gate. The second plot uncovered was the one!

The cross and plinth had toppled and been partially buried in the composted leaves and completely covered ivy.

I brushed the plinth to establish the words shown beneath the two photographs at the top of the facing page.





Top section :

Middle section :

Bottom section :

In loving memory of Edward W Wellsted
The Beloved Husband of Louisa Wellsted
Headmaster Of Ketton CE School

For 35 years

Died November 26 1922

Aged 59

At Rest

With the help of three friends from the village, I righted the plinth which was very heavy, and laid the cross safely against the back. To have the cross back on top of the plinth would need a special pin to prevent toppling, and this work may happen in the months to come.

I kept Mrs Atkinson up to speed with progress and of course she was very grateful, making a donation to the church funds.

Monty came up with a number of old photos which showed Mr Wellsted, who lived in the school masters house (next to the pelican crossing) next to the old school building (now demolished). One is shown when he would have been 53.

So Mr Wellsted, we found you, rest in peace , Sir.

Simon Forster

Extreme right on donkey, May Queen Eva Tubby



1916 Master - T.E.W. Wellsted.

Len Woolley, Ethel Wright, Ruby Cull, Lizzie Berridge, Florrie White, Clara Greenham, Alice Smalley, Lily Bladen, Bob Dicks, Gladys Yates, Miller Papple, Rhoda Greenham, May Green, May Woolley, Lucy Green, Mabel Brooks, Ivy Ficker.



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Leftover Turkey and Thai Red Curry Soup



A different way to use up some of your leftover turkey at Christmas.

Serves 4

You will need:

½ a small pack of coriander
1 garlic clove
2tbsp Thai red curry paste
1 tbsp fish sauce
400ml can coconut milk
500ml chicken or vegetable stock
Zest and juice from 2 limes
300g pack of stir-fry vegetables
250g cooked turkey, shredded (either cut or pull apart into pieces by hand)
200g pack of cooked rice noodles
Olive oil

Method:

1. Reserve the coriander leaves on one side (these will be used at the end to scatter on top of your soup). Finely cut the coriander stems and garlic clove.
2. In a pan or wok, heat some olive oil and gently fry off the coriander and garlic for 2-3 minutes. Add the stir-fry vegetables and continue cooking for 5 minutes.
3. Add the curry paste, fish sauce, coconut milk, stock and lime zest and juice. Mix the ingredients together and bring to a nice simmer.
4. Add the turkey and noodles. Warm through and season just before serving if required.
5. Pour into bowls and top with the coriander leaves.

Adele



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The Autumn

Nature provides Autumn for the gardener to clean up and prepare for winter, to get rid of dead vegetation left over from the summer, tidy up the borders, clean the gutters, getting last years bulbs ready for planting as well as ordering new ones and much more.

If you have a greenhouse, remove everything from inside, sweep out plant debris, and disinfect all footpaths and staging, include spraying the inside of the glass. Jeyes Fluid will help to prevent pests and fungal infection from taking hold. Thoroughly ventilate your greenhouse over a couple of days to dry it thoroughly. Also clean pots and seed trays in preparation for spring sowing and planting.

To ensure a vibrant display next spring, dig up annuals and plant your beds with pansies, daisies and wallflowers. Cut back faded perennials to 2" above ground level, but do leave some of the seed heads for insects. Once your borders are free from dead vegetation, spread on a thick layer of compost, or well-rotted manure. Worms will work the material into the soil. Do lift tender species like, begonias before the first frosts threaten. Cut back the stems and gently lift the tubers/rhizomes from the ground. Clean the soil from them and store in trays of dry compost or sand, with just the top of crown visible. Put the trays in a cool, frost free place over the winter ready for replanting when spring arrives and all risk of frost has passed. In very mild or sheltered areas it may be possible to protect tender species without lifting them, instead covering the crowns with a thick blanket of thick mulch.

Remove thatch and moss using a grass rake and add it to the compost heap. If you have large amounts of moss, you may want to use a moss killer on your lawn first. I personally accept that in the damper areas of the lawn, moss will always flourish. Follow this by an application of autumn lawn feed to prepare the lawn for the cold winter months to come

Improve the drainage and aeration in the lawn, particularly around play areas, making deep holes with the prongs of a garden fork at 10 cm intervals. Autumn is also a great time to repair worn areas and lay new turf too, giving it plenty of time to establish before next summer.

Leaf mould adds structure and organic matter to your soil and is a great way to recycle fallen leaves. They can be placed out of sight in a wire cage and left to break down. Once the leaves reach a suitable texture, spread the mulch throughout the borders. Leaves of oak, alder, beech, and hornbeam rot fairly quickly while sycamore, walnut, horse chestnut, and sweet chestnut may take a little longer. Shredding the leaves first will help to speed things up, but in general the process takes about two years.

Evergreens in a garden provide some colour and form during the dark weary months of winter. Warm soil and cooler air temperatures make autumn the

perfect time to fill gaps in your borders with evergreens,

which provide glossy, green leaves and beautifully

fragrant flowers even in the depths of winter.

To follow I have magnolias and camellias that flower as spring arrives, providing much needed colour to an

otherwise drab landscape.

Adam





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A year in the life of a Landlord – Jamie Betts - The Railway Inn.

..... and what a year – no one could have predicted this one!

Running pubs is in the family genes - my Grandfather was a publican and it had long been a dream of mine to follow in his footsteps. When the opportunity arose in my favourite Inn which I have frequented for over 25 years - I didn't look back. With the backing of Louby (my wife) we got off to a great start in October 2019 – we hosted a 70's night and a wedding - Christmas was magical and we went into 2020 with high hopes and many ideas to make The Railway the hub of the village. In March 2020 we were awarded the 2020 Rutland CAMRA pub of the year. Then lockdown – an unprecedented challenge! To be successful in business you have to adapt to change and think outside the box. We started to look at the opportunities - a delivery service - the Flagon Wagon – delivering ale by bike was hugely popular and the service continues today. We have managed to reopen under the government guidelines – a Pavement Licence was applied for and granted and we have created a great outside area for the winter to maximise space and allow social distancing. We are loving doing table service. Whilst things have changed there are many things that stay the same - we remain an old fashioned local pub - we know the joy of popping in for a pint and catching up with friends and we will continue to provide this service whilst government guidelines allow. We could not have got this far without the support of the village and the surrounds and this gives us the opportunity to say thank you for all your positive feedback -it really makes a difference!



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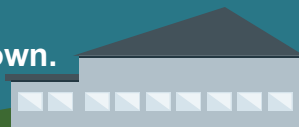
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Panthers Push Through Pandemic

Members of Ketton Panthers Junior Triathlon Club have been working hard throughout these uncertain times.



Despite these uncertain and daunting times, Ketton Panthers Junior Triathlon Club kept going. Initially, the usual training sessions taking place at Stamford Memorial Pool on Wednesday evenings and the Friday bike and run sessions the club also offers could not go ahead due to a national lockdown. However, this did not stop the panthers from training together. Virtually through the use of Zoom, Friday night sessions took place. Athletes partook in fun, actively engaging fitness challenges all from their own homes. These challenges involved all sorts including buckets of water! Alongside these Zoom sessions the club set weekly challenges for the Panthers to do, including riding the distance round Rutland Water.

Once restrictions were relaxed and rules allowed for outdoor group training, the Panthers returned to Ketton sports fields where, in socially distanced groups of 5 athletes to 1 coach, training resumed. During these sessions, the athletes showed great dedication; learning new skills and bettering themselves. Friendly bike races took place on mini velodromes, bike handling skills were practised on specific courses, transitions were set up to help the athletes practise a vital element in any triathlon. On the run there were hill reps, shuttle runs through the trees and many more challenging but enjoyable activities.

Over October Half Term, Ketton Triathlon Club also put on sessions for the younger members of the club. These sessions for the 'mini' age group ensured younger athletes could still experience the active, social and enjoyable aspects that triathlon has to offer, which they would not have usually had the chance to because of the current situation. During these 5 daily sessions, in small groups the coaches worked to improve cycling ability, bike handling, run technique and further the children's passion for triathlon through fun interactive activities.



Luckily, thanks to an excellent team of willing and enthusiastic volunteers as well as the constant support of members Ketton was able to still deliver its first class, fun training to all throughout this year despite the challenges of the last 7 months.

Ketton Panthers is a non-profit making club ran by friendly, fun and enthusiastic qualified coaches for children of all abilities aged from 4 to 16. Since the club was set up in 2012 there has been a massive rise in members with well over 100 children spread across the different training groups, from Mini's to the academy. Through the summer months and race season, April to October, run and bike training takes place.

Sam Hughes



The Cyclists of Stamford

The Cyclists of Stamford was set up by its co-founders John Dawson and Paul McCormick earlier this year (pre COVID), we are enthusiastic about cycling and the good it does which we summarise in our club motto as “Fun, Fitness and Camaraderie”.

We ride on Saturday and Sunday mornings, as well as a Thursday evening, our main ride in the darker winter months is for the enthusiast on a Sunday morning (about 45 miles and in groups of no more than 6 riders to adhere to current COVID rules) and we endeavour to cater for a range of abilities, from the ‘Quicks’ to the ‘not so Quicks’. The same is true on Thursday evenings (approximately 20 miles) and we have recently introduced regular Saturday morning rides ‘TCOS Ladies’ and ‘The man at the back’, for those preferring a more leisurely pace and shorter distance, typically 15 miles.

The rides often incorporate a café stop mid ride and occasionally visit the Railway Inn, Ketton where Jamie (he of Flagon Wagon fame) and Louby always look after us.

People are welcome to give us a try, with up to 3 guests rides before we ask them to join and pay the membership fee. You just need a road worthy bike, helmet and suitable clothing to get started and to know your limits / abilities when choosing the ride.

All monies go to the running of the club and our chosen charity, this year it is ‘Second Helpings’ who help to reduce food waste by using food gifted by local businesses that would otherwise go to landfill to help meet the needs of local people.

Interested? Then just go to our website www.thecyclistsofstamford.com for more information.



Ketton Healthy Walking Group

Due to the national lockdown “Ketton Healthy Walking Group” was forced to close its doors on Thursday 12th March, closure lasting twenty weeks. With strict COVID-19 Health & Safety regulations to adhere to we were not able to resume until Thursday 2nd Sept.



Accustomed to walking with many more than the thirty now allowed to walk safely, we decided to organise two advanced bookable group walks, in the morning 10am and

afternoon 2pm.

As I write (12th Nov) the country is closing in on first week of four national lockdown. Everything crossed able to resume walking soon after the 2nd Dec lifting of lockdown restrictions.

COVID-19 has had a big effect on all our lives, the walking group is no exception resulting greatly reduced numbers. With this well touted new vaccine on the horizon. Lets hope all our prayers will be answered and that all of us in the not to distant future can return our lives to near normality.

Stay safe, stay well.

Ronald Tilley
Ketton Healthy Walking Group



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